

# Mentor Couple Selection Criteria

Use the following checklist in selecting couples to serve as volunteer mentor couples for your ministry. Keep in mind that you are not looking for perfect couples. Those do not exist. The couples you want are those that, to the best of your and the pastor's knowledge, meet these criteria:

## Mentor Couple Requirements

- Couple has a valid marriage recognized by the Church.
- Couple is committed to the Church and its teachings.

## Qualities of a Good Mentor Couple

- Couple practices their faith.
- Couple is willing to share their faith and their marriage with others.
- Couple recognizes their own imperfections.
- Couple strives to grow together.
- Couple would like to help others.

**Additional qualities based on the Pontifical Council for the Family's guidelines for the selection of pastoral workers for ministry to engaged couples:**

- Couple has a "solid doctrinal preparation."
- Couple has "unquestionable fidelity to the Magisterium of the Church."
- Couple is capable of welcoming the engaged regardless of their social background.
- "Based on their own experiences . . . [couple] can offer starting points for enlightening the engaged with Christian wisdom."

