- Today the influences of secularism and individualism are obstacles to developing a spirit of service in marriage.
- Couples can combat individualism by staying connected through simple habits such as eating meals together, making time for each other, going on dates, socializing together, going to Mass together, and giving thanks to God in prayer for all the gifts they have received.

Key Points

- Review what Catholics believe about the sacraments of Holy Orders and Marriage.
- In parenting, spouses collaborate in a special way with God to give life to the next generation through which God's love story will continue.
- Christian marriage is a call to serve one another, God, and society.

Meeting at a Glance

Content/Action	Duration	Mentor	Couple's
The content for this meeting is drawn from chapter 6 of the <i>Couple's Book</i> .		Guide	Book
Welcome and Opening Prayer	5 min.	p. 101	
Setting the Stage: Our Topic in Focus	10 min.	p. 103	p. 114
Video 6.1: Joined to Serve			

Holy Orders Call Us to Serve What Catholics Believe about Marriage and Holy Orders What the Sacraments of Service Teach Us about Marriage How the Sacramental Graces of Marriage Help Couples Serving Each Other and Together Serving God Video 6.2: Sacramental Calling Couple Exercise 1: Love Is Life-Giving Group Sharing Group Sharing 10 min. D. 107 Segment 1: Total minutes Break 10 min. Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps Segment 2: Total minutes with break Total minutes for the meeting 130 min.	The Sacraments of Marriage and	15 min.	n 101	n 116
riage and Holy Orders What the Sacraments of Service Teach Us about Marriage How the Sacramental Graces of Marriage Help Couples Serving Each Other and Together Serving God Video 6.2: Sacramental Calling Couple Exercise 1: Love Is Life-Giving Group Sharing 10 min. p. 107 Segment 1: Total minutes Break 10 min. Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps Segment 2: Total minutes with break Figure 15 min. D. 108 P. 109 P. 128 P. 128 P. 133	The Sacraments of Marriage and Holy Orders Call Us to Serve	13 11111.	p. 104	p. 116
Teach Us about Marriage How the Sacramental Graces of Marriage Help Couples Serving Each Other and Together Serving God Video 6.2: Sacramental Calling Couple Exercise 1: Love Is Life-Giving Group Sharing Group Sharing 10 min. p. 107 Segment 1: Total minutes Break 10 min. Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps 5 min. p. 108 p. 128 Segment 2: Total minutes with break 65 min.				
Serving Each Other and Together Serving God Video 6.2: Sacramental Calling Couple Exercise 1: Love Is Life-Giving Group Sharing Group Sharing Break 10 min. Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps Serving 15 min. p. 107 p. 107 p. 107 p. 108 p. 126 p. 126 p. 128 p. 128 p. 128 p. 128				
Serving God Video 6.2: Sacramental Calling Couple Exercise 1: Love Is Life-Giving Group Sharing 10 min. p. 107 Segment 1: Total minutes Break 10 min. Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps Segment 2: Total minutes with break 10 min. p. 107 15 min. p. 108 p. 126 p. 128 p. 128				
Couple Exercise 1: Love Is Life-Giving Group Sharing 10 min. p. 107 Segment 1: Total minutes Break Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps 10 min. p. 107 15 min. p. 108 p. 108 p. 126 p. 109 p. 128 p. 128 Segment 2: Total minutes with break		15 min.	p. 106	
Group Sharing Group Sharing 10 min. p. 107 Segment 1: Total minutes 65 min. Break 10 min. Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps 5 min. p. 112 p. 133 Segment 2: Total minutes with break	Video 6.2: Sacramental Calling			
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Common Obstacles to Serving with Love Video 6.3: Kids Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps Segment 2: Total minutes with break 15 min. p. 108 p. 126 p. 126 p. 127 p. 108 p. 108 p. 109 p. 109 p. 128 p. 128	Segment 1: Total minutes	65 min.		
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Couple Exercise 2: Attitudes and Behaviors Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps Segment 2: Total minutes with break 15 min. p. 109 p. 109 p. 128 p. 109 p. 128 p. 128		15 min.	p. 108	p. 126
Tools for Building a Strong Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps Segment 2: Total minutes with break 20 min. p. 109 p. 128 p. 128 p. 133	Video 6.3: Kids			
Marriage Video 6.4: Families, Friends, and Role Models Takeaways and Next Steps 5 min. p. 112 p. 133 Segment 2: Total minutes with break	-	15 min.	p. 109	
Role Models5 min.p. 112p. 133Segment 2: Total minutes with break65 min.		20 min.	p. 109	p. 128
Segment 2: Total minutes with 65 min. break				
break	Takeaways and Next Steps	5 min.	p. 112	p. 133
Total minutes for the meeting 130 min.		65 min.		
	Total minutes for the meeting	130 min.		

1) Welcome and Opening Prayer (5 minutes)

You can again assume the roles of leader and reader, or if any of the engaged couples are willing to lead, invite their leadership. Light a