

- The way we manage money can become a tangible expression of our commitment to be open and honest with each other.
- The tool for expressing our presence to each other is clear and attentive communication.
- Prayer is also a tool that reminds us of Christ's presence to us. Through the Holy Spirit he strengthens us and helps us grow in our presence and attentiveness to each other.

Key Points

- Marital commitment is total and irrevocable.
- Christ's faithful presence to us through the Holy Spirit, which began at Baptism and was strengthened at Confirmation, is the model for our constant presence to each other.
- The marital commitment is more than a promise of sexual fidelity; it is a commitment always to be present to each other so as to support and strengthen one another.

Meeting at a Glance

Content/Action	Duration	Mentor Guide	Couple's Book
The content for this meeting is drawn from chapter 2 of the <i>Couple's Book</i> .			
Welcome and Opening Prayer	5 min.	p. 44	
Setting the Stage: Our Topic in Focus Video 2.1: <i>Life Is Who You're With</i>	10 min.	p. 45	p. 24

Confirmation Strengthens Us to Be Fully Present <ul style="list-style-type: none"> • What Catholics Believe about Confirmation • What Confirmation Teaches Us about Marriage • How the Sacramental Graces of Confirmation Help Married Couples <i>Video 2.2: The Power of God's Presence</i>	15 min.	p. 46	p. 25
Being Present and Attentive for the Whole of Life	15 min.	p. 47	p. 30
Couple Exercise 1: Staying Connected	10 min.	p. 49	
Group Sharing	10 min.	p. 49	
Segment 1: Total minutes	65 min.		
Break	10 min.		
Common Obstacles to Being Fully Present <i>Video 2.3: Distractions</i>	15 min.	p. 49	p. 33
Couple Exercise 2: Attitudes and Behaviors	15 min.	p. 51	
Tools for Building a Strong Marriage <i>Video 2.4: Money</i>	20 min.	p. 51	p. 38
Takeaways and Next Steps	5 min.	p. 54	p. 42
Segment 2: Total minutes with break	65 min.		
Total minutes for the meeting	130 min.		