

# Serving

## Couple Exercise 1: Love Is Life-Giving

1. God created you as two persons with equal dignity who complement each other in your masculinity and femininity. How do you complement one another in your relationship?
2. Do you struggle with gender stereotypes and expectations? If so in what ways and how do you work to resolve these?
3. What are your thoughts about having children? What are your dreams about having a family?
4. How will you provide for your family: financially, care of children, household upkeep, etc.?
5. What are your thoughts about using Natural Family Planning? Have you talked to anyone who has used it? What questions do you want answers to?
6. Why do you think we discuss having children in this chapter and meeting titled "Service"?

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## Couple Exercise 2: Attitudes and Behaviors

1. What did you learn growing up about helping others? Were members of your family involved in the community or in your church?
2. What do you do today as individuals or as a couple to help others in need? Do you want to do more? Brainstorm ideas about what you might do.
3. What did you learn when you were growing up about being a family?
4. What attitudes did you learn from your family about sexuality and family planning?
5. What did you learn from your parents about parenting? List three things you would do like your parents did and three things you would do differently.
6. How do you balance your priorities between home and work now? How might that change after you are married or when you start raising children?